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## Expression of interest in collaborating on Horizon Europe calls with external partners

*On behalf of Wroclaw University of Economics and Business we would like to express interest to cooperate as a partner in the following areas of Horizon Europe. More information about researcher and institute can be found below. For questions or remarks, please email: [czp@ue.wroc.pl](mailto:czp@ue.wroc.pl)*

### Horizon Europe calls and topics:

- **HORIZON-HLTH-2023-ENVHLTH-02-02: Evidence-based interventions for promotion of mental and physical health in changing working environments (post-pandemic workplaces)**

**Deadline:** 13 April 2023 17:00:00 Brussels time

### Brief description of contribution as a partner:

Conducting research on evidence-based mental health and well-being interventions, implementing interventions in organisations, cooperating with business and public institutions in terms of implementing interventions related to post pandemic issues – remote work, prolonged sitting positions, musculoskeletal impairments, work-life imbalance.

Conducting cost-effectiveness analyses (including ROI and other profitability ratios). Conducting quantitative and qualitative studies – both theoretical and empirical.

Broad cooperation with businesses, national institutions responsible for health and safety regulations and academic institutions in terms of mental health, psychosocial risks, health and safety, digitalisation, and work-from-home issues.

### Looking for:

International research projects, cross-country analyses on mental health interventions and well-being initiatives. International cooperation in exploration and implementation of WHO guidelines for mental health (2022), health & safety projects, human resources management projects, occupational health and psychosocial safety climate projects. Cooperation in the area of the influence of digitalisation on mental health and effectiveness at work. Testing digital solutions for individual/occupational health.

**Relevance of expertise/previous research:**

- Occupational health psychology and human resource management projects
- Implementing mental health and job stress interventions in business and public institutions: mindfulness interventions, training, physical activity, leadership, ergonomic improvements.
- Conducting studies on fitting models of implementing interventions into private or public sector companies
- Exploring methods of establishing profits from interventions - methods of establishing cost-effectiveness (e.g. ROI)
- Conducting research and training on soft skills such as resilience, mindfulness, cognitive-behavioural techniques, biofeedback, MSD reduction
- Theoretical background in wide range of occupational psychology and occupational health psychology issues
- Creating and exploring tools for measuring mental health, stress, resilience, well-being, interventions' assessments
- Theoretical background in national, international, and European legislation, strategies, and policies within stress management and mental health protection at work

**About Wrocław University of Economics and Business:**

Wrocław University of Economics and Business is ranked among the top economic schools of higher education in Poland, and an important centre of science and research. Its activities are aimed at maintaining and strengthening the position of the university on regional, national and international levels, improving competitive advantage, and shaping its image of a modern institution, open and friendly to its employees, students, and the environment.

Wrocław University of Economics is a long-established centre of research in logics and mathematics, economic sciences, social sciences, and management, as well as technical, biological, chemical, and agricultural sciences. WUEB has an extensive experience in both project application and management. Over the last few years it has been engaged in more than ten international projects, among them also financed from the Horizon 2020 Programme:

- HeartBIT 4.0 – Application of innovative Medical Data Science technologies for heart diseases (Horizon 2020, Grant agreement no 857446 budget: €61 975,25 period:2020-2022);

- "Energy Citizenship and Energy Communities for a Clean Energy Transition (Horizon 2020, Grant agreement no 101022565 period: 2021-2024; budget: €169 437,50)
- Historical high-quality company-level data for Europe (Horizon 2020, Grant agreement no 777489 period: 2018-2021; budget: €238 750,00)
- Scaling up Co-creation: Avenues and Limits for Integrating Society in Science and Innovation (Horizon 2020, Grant agreement no 788359 period: 2018-2021; budget: €180 275,00).

**Main collaboration partners:**

- European Academy of Occupational Health Psychology
- Central Institute for Labour Protection – National Research Institute (Poland)
- University of Iceland in Reykjavik (Iceland)
- University of Limerick (Ireland)
- University of Malta
- University of Malaga (Spain)
- University of Economics in Varna (Bulgaria)
- West Ukrainian National University (Ukraine)
- Wrocław University of Health and Sport Sciences
- Opole University
- SGH Warsaw School of Economics
- University of Gdansk
- Poznan University of Technology
- Well-being Institute in Warsaw

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### Horizon Europe calls and topics:

- **HORIZON-HLTH-2023-CARE-04-02: Resilience and mental wellbeing of the health and care workforce**

**Deadline:** 13<sup>th</sup> April 2023 17:00:00 Brussels time

### Brief description of contribution as a partner:

Broad cooperation with businesses, national institutions responsible for health and safety regulations and academic institutions in terms of mental health, psychosocial risks, health and safety, digitalisation, and work-from-home issues.

Conducting research and practical interventions for mental health and well-being. Exploring the topic of resilience from scientific (feature vs skill) and practical (personal resource in coping with stress, workload, pressure). Providing training and workshops related to increasing resilience as a personal skill for healthcare workforce.

### Looking for:

International research projects, cross-country analyses on mental health interventions and well-being initiatives. International cooperation in exploration and implementation of WHO guidelines for mental health (2022), health & safety projects, human resources management projects, occupational health and psychosocial safety climate projects.

Scientific and practical centers for exploring and implementing resilience and well-being initiatives in healthcare sector.

### Relevance of expertise/previous research:

- Occupational health psychology and human resource management projects
- Implementing mental health and job stress interventions in business and public institutions: mindfulness interventions, training, physical activity, leadership, ergonomic improvements.
- Conducting studies on fitting models of implementing interventions into private or public sector companies
- Exploring methods of establishing profits from interventions - methods of establishing cost-effectiveness (e.g. ROI)
- Conducting research and training on soft skills such as resilience, mindfulness, cognitive-behavioural techniques, biofeedback, MSD reduction
- Theoretical background in wide range of occupational psychology and occupational health psychology issues
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